

18 WORKSHOPS

*(1 about all arts together; 3 about music;
4 about dance; 4 about painting; 3 about theater, 3 about circus)*

- Each workshop will be a preparation for to inter-act in the event "ALL TOGETHER",
- individually or in group , according to the choice of each one.
- You can choose in this list the workshops you wish
- decide about the numbers of days and hours.

1. GLOBAL ART

WORKSHOP: GLOBAL ART
(SINGING, DANCE, THEATER, PAINTING, PHOTO, VIDEO)
Artist/Guide: Metissia (France)

Teaching Language: French/ English

Metissia proposes a workshop to prepare you for the show all together, to feel comfortable to join the show in a free form of expression whatever the art and your capacities

This workshop link the inner energy of your body to its outer expression in the continuity of

- blowing by the voice
- movement by the dance
- expression as actor
- lines by the painting
- freedom by the creation

and an outer overview, creating scenarios of life with photos and videos.

read more:

<https://docs.google.com/file/d/0B5CknF2xk49xWEZuXzBwc3Zkck0/edit?usp=sharing>

contact:

www.metissia-art.com

2. MUSIC

WORKSHOP 2.1 : SINGING

Artist/Guide: Dvora Davis (USA)

Teaching Language: German/ English

come to discover, increase, and develop your singing potential, each one, according to its own level (with specific and individual exercises),

for to share finally

- a vocal choir improvisation performance in a modal tone,
 - create or sing your own song
 - sing 1 song all together

and finally present all those pieces of art at the event.

read more:

http://www.shantahealings.com/http://www.shantahealings.com/Music_Project_conscious_minds.html

Contact :

dvora12001@yahoo.co.uk

WORKSHOP 2.2 : HARMONY INSTRUMENTS

(bass, guitar, keyboard)

Artist/Guide: *Vernon D' Hill (USA)*

Teaching Language: *German/ English*

Decide what instrument you will play. Vernon will guide you, from initiation, development, or virtuosity, to discover, practise, interact, and finally, all together, to play on stage a master piece, simply, each one according to their own capacities: the essential is to participate and to always progress.

The more professional will be able to integrate the show here and there for some instrumental improvisations.

read more :

http://www.youtube.com/watch?v=p6SX2P_h178

Contact :

<http://hillvernon.wix.com/recordingloft>

WORKSHOP 2.3 : PERCUSSION ENSEMBLE

Artist/Guide: *Thomas Haas (German)*

Teaching Language: *German/ English*

We will build percussions recycling trash materials, and train to play together as percussive ensemble, each one in turn as leader of the ensemble, and soloist percussionist.

We will prepare us so to interact during the complete "ALL TOGETHER SHOW" as percussion ensemble and will end the show with the CHOIR of the singing workshop, playing and singing together VOICE-PERCUSSIONS the last song.

video:

<http://www.youtube.com/watch?v=vTFvzGvm2jl&feature=share>

Contact :

<https://www.facebook.com/thomas.haas.564>

3. DANCE

WORKSHOP 3.1 : DANCE THEATER

Artist/Guide: *Elisa Spagone (Italy)*

Teaching Language: *German/ English/ Italian/ Spanish*

Is it directed to adult, to old people, to children or teenagers?

It's a dance theatre workshop. We will work on improvisation, with body and voice; The workshop is based on living every emotion, images and thoughts and transforming them in creative act,

Work with the group, in couple and individually, to end up with choreography and a dance together.

I invite you to create together a choreography that we will act on the spectacle "ALL TOGETHER"

read more:

<http://www.enomisossab.com/?p=455>

contact:

<http://elisaspagone.jimdo.com/>

WORKSHOP 3.2 : STREET STYLE CONTACT IMPRO

(Street Style Contact Improv)

Artist/Guide: Kazuma Glen Motoruma (Japan)

Teaching Language: English/ Japanese

First section of the class will be exploring the street dance styles of "Waving" (creating smooth and staccato ripples along your body) and "Tutting" (angular movements of primarily the arms creating a moving puzzle based on touch and visuals) After learning a combination of the two, the movements will be applied to dancing with a partner in an interactive and enjoyable way.

video:

<http://www.youtube.com/watch?v=YA0QngvuwQE&feature=c4overview&list=UUr60hX41MjTsEGicZFFklzA>

contact:

<https://www.facebook.com/kazuma.motomura>

WORKSHOP 3.3 : BALLETT

Artist/Guide: Maria Terpugova (Russia)

Teaching Language: German/ Russian

*Staatl. Dipl. Solo-Tänzerin, Ballettmeisterin und Choreographin aus St. Peterburg
(Waganowa-Ballettschule)*

für Anfänger, Fortgeschrittene und Profis.

Ballett ist Körperbeherrschung mit Musikalität und viel Vergnügen:
Nach einer Erwärmung und dem Training an der Stange und in der Mitte (Adagio, Pirouetten, Sprünge) werden kurze Choreografien wurden eingeübt.
Tanzen ist ein Ritual, ein Brauchtum, eine darstellende Kunstgattung, eine Sportart, ein Ausdruck von Gefühlen.

video:

<http://www.youtube.com/watch?v=pB5SWZ8NXwk>

contact:

<http://www.maria-terpugova.ch/>

WORKSHOP 3.4 : YOGA DANCE

(Inside dance- outside stage: no division. Yogic principles of movement)

Artist/Guide: Anna Lopez Vegas (Spain)

Teaching Language: English/ Spanish/ German

In this workshop I want to offer the yogic principles of any movement form, being the 3 Gunas: Rajas, Tamas and Sattva. The first one aims to change a state of movement/non movement; takes the strength from the impuls and wish to create a movement. Tamas is a lethargic energy that may stay there forever unless you do something to change it. It is what we could call a 'stand by' movement. Sattva enlarges every movement and makes it 'eternal' in its possibilities, expanding the figure in the infinite of a given space.

We will play with these 3 characteristics in our body first through dynamic asanas and detailed stretching possibilities, being aware of the diverse elements that lay in our body and their qualities: fire/direction, water/flow, earth/heaviness, air/breath, ether/expansion.

In the second part of the workshop we will apply these qualities into our dance and will create a free choreography where all the participants find their place in it. All 3 qualities together make anything happen and we can be aware of their meaning in our body and transform a given 'dance' in life.

video:

<http://www.youtube.com/watch?v=UdUVEaWLWxs>

contact:

anna@shaktidancekundalini.com

4. CIRCUS

WORKSHOP 4.1 : JUGGLING and ACROBATIC

Artist/Guide: *Roosa Hämäläinen (Finland)*

Teaching Language: *English/ Finnish*

Roosa Hämäläinen propose you

- circus : some easy acrobatics like cartwheels, headrolls, handstands and other fun exercises.
- juggling people can choose from different juggling props, for example like balls, clubs, flower sticks or rings. Juggling is also suitable for the youngest kids from 4 years up.
- Every workshop will be customized to the preference and age of the group so that everyone will learn new tricks! You can also decide the length of the workshop.

videos:

<http://sirkusraja.wix.com/sirkusraja#!videos>

WORKSHOP 4.2 : from CLOWN to ACROBATIC

Artist/Guide: *Agnieszka Kwiatkowska (Poland)*

Teaching Language: *German/ Polish/ Spanish*

Circus is learning, exploring, and playing. That's why the cyrk dosole is always ready to share their experiences. We offer a full workshop program for children or adults, to discover the wonderful world of circus, to choose what you like to do, and to help you to do it. Later to go on stage with us at the "ALL TOGETHER" show

videos:

<http://vimeo.com/52283541>

(acrobatic)

<http://www.cyrkdosole.de/street-show>

(clown and acrobatic)

contact:

www.cyrkdosole.de

WORKSHOP 4.3 : HULA HOOP

Artist/Guide: *Zuzana Stuetz (German)*

Teaching Language: *German/ English*

Hula Hooping is my passion and became my sense of life.

When I meet people who have never heard of modern hula hooping they stare at me asking: „you roll your hoop on your hips for hours?

Don't you get bored with the time?“

I have to laugh and then I explain that I let my hoop roll over all parts of my body- arms, hands, shoulders, breast, legs, feet. I also bring the movements from Modern Dance, Yoga, Tai Chi, Qi Gong and other martial arts together with hooping and creating HoopDancing.

When you are hooping your all body is working and it makes you laugh! I want to invite to share with me the body fusion of dance with hula hoop, and to join me also on stage to dance freely on the music

read more:

<https://www.facebook.com/photo.phpv=10200314382042017&set=vb.1228102037&type=2&theater>

contact:

<https://www.facebook.com/zuzana.stuetz>

5. PAINTING

WORKSHOP 5.1 : EXCHANGE BY PAINTING

Artist/Guide: *Arthur Conrad Kisitu (Ouganda)*

Teaching Language: *German/ English*

Arthur propose an exchange project. A reciprocal connection between european and african children shall be established supported by the childrens innate creativity and curiosity, making them meet each other at friend level not at the unequal level of helpless helper.

Arthur will present movies he has done with the Katanga children. He will bring an art installation called "Peace Matters" which the children in Katanga have started, and expressed with drawings.

And will offer the children from Berlin to contribute by answering to the african drawing messages, by their own Berlin children message. He will document this process and show to the children back to Africa.

read more:

<http://www.weltohnekrige.de/>

contact:

<https://www.facebook.com/arthur.c.kisitu?fref=ts>

WORKSHOP 5.2 : WALL ART PAINTING

Artist/Guide: *Jose Luis Fernandez (Spain)*

Teaching Language: *English/ German/ Spanish*

i want to initiate you to this street art of painting, and to give you some basics for to create, whatever your level, your reality in the reality, the expression of your dreams with painting, and then to bloom the Friedensfestival with you in authorized spaces.

Artist :

see it : <http://www.luisfernandez.com/wordpress/?lang=en>

contact :

luisfernandez@luisfernandez.com

WORKSHOP 5.3: TECHNICAL KNOWLEDGE in CREATIVITY

Artist/Guide: *Katharina Lengfeld (German)*

Teaching Language: *German/ English*

my workshop is called "COURAGE TO DREAM" : whatever the material you will use for to draw, i invite you to draw your dreams, and in your own inspiration and creativity, i will offer you the technical knowledge of drawing and painting.

read more:

<http://couragederever.blogspot.de/>

contact:

<http://www.blogger.com/email-post.g?blogID=5046149097162982536>

WORKSHOP 5.4: HAZARD and IMAGINATION

Artist/Guide: *Wojtek Wieckowski*

Teaching Language: *German/ English*

Be an artist in your soul, whatever the level

Let dance with your brush full of color above the paper, and let it draw just what it comes. Let use it as support with your imagination to use the ligns, and to transform it for to show what you see in it..just so easy, don t need technic, but the result can be as good as much as with technic, when the feeling and the groove is good.

read more:

https://www.facebook.com/wojtek.wieckowski/media_set?set=a.10201556282573472.1073741832.1369639592&type=3

contact:

<https://www.facebook.com/wojtek.wieckowski?fref=ts>

6. THEATER

WORKSHOP 6.1 : PANTOMIME

Artist/Guide: *Asia Sakowicz from VACUUM LEER duett (Poland)*

Teaching Language: *German/ Polish/ Spanish*

became what you do, take its consistence and let it move inside of you.

Then in a subject, choose by you or me, let it express.

You will discover new feelings, new expressions in the way to look to feel, and your memory will record it.

Like a library, this memory allowed you to use this new feeling, every time you wish.

At this point you reach the bridge between amateur and professional, when you are able to play what you want when you want

video:

<http://www.youtube.com/watch?v=uTNdiu-5QT4#t=98>

Contact:

gufolino@gmail.com

WORKSHOP 6.2 : CLOWN and THEATER

Artist/Guide: *Juan Mi Gama (Spain)*

Teaching Language: *German/ English/ Spanish*

no border, just a story, in which you play, with all and everybody, all your fantasy, from tragedy to humor, no limit no border, unpredictable and demesure, and at the same time, precise, concentrated and nuanced : all is in the balance : and it' s this balance that you will improved your talent, and win more freedom on expression and communication.

video:

<http://www.youtube.com/watch?v=uTNdiu-5QT4#t=98>

Contact:

juanmi.gama@gmail.com

WORKSHOP 6.3 : STAND UP COMEDY

Artist/Guide: Burkhard Bering (German)

Teaching Language: German

be oneself, natural but flying in the swing of fantasy
a workshop of improvisation with your themes or mine, alone, duett, and
team....until we feel free and ready to join Metissia on stage at the event "ALL
TOGETHER"

video:

<http://www.youtube.com/watch?v=FyusGSMuBZ8>

Contact:

<http://www.gesabbelte-werke.de/kontakt.html>