

METISSIA: ARTISTIC JOURNEY

what are my influences ?

1- THE SOURCE

my influence is the philosophy

you know when you're a child and ask a hundred thousand questions about life to your parents. And that they have no answers:

Well, I have never given up looking for the meaning of life and of my own life since these beginnings: what brings me to science, philosophy, sociology, spirituality, anthropology and so on.

At the same time i love art since my youngest age: at 4 years old, dancing, singing, painting, and their creativity were already my hobbies.

For example, I already had the clear vision that everything I create exists as soon as I do it (when children of my age said that what I sang did not exist, I was telling them that it exists from the moment where I do it. And this type of barriers already revolted me, because they oppressed part of my being).

I do not believe in the theories of suffering. I believe that the path of happiness takes place in the respect of our biological life and that we must listen when she tells us that she is suffering, and obey what she tells us so as not to suffer. Because this innate intelligence is the sacred temple that speaks to us and tells us what is right for us.

And the more I grew up, the more I realized that I could not find the meaning of life in real life. And the more I turned to Art which offered me more freedom to be myself and to create in art what I could not create in reality and what I aspired to.

- and because when I create, I build my own reality, Art also becomes the means to change reality.

- I need this freedom to live the harmony: TO BE ONE, without conflicts, in full awareness, between spirit heart, soul and action. Because that is what gives me the inner peace in which I am happy.

FOR ME THE ONLY REAL ART IS THUS THE ART OF LIVING. and it is a path proper to each one.

Mine is the study and transmission of this UNIVERSAL CULTURE, which works for the well-being of Self and Society through the COHERENCE BETWEEN WHAT WE ARE and OUR ACTS.

2- THE PATH

therefore, since I was 4, I studied as a self-taught teacher and took classes in different schools for drawing, dancing, singing, yoga and theater.

then at 17 I got a scholarship for a 3 year training at "L'Atelier FUGAIN", a school of musical comedy where I learned theater, dance and singing.

Then I passed the competition of entrance to the conservatory of lyric singing of Nice. But finally I opt for another formation that was proposed to me at the same time: in spiritual Afro-Hindu-oriental music.

What seduced me in this training:

- the practice directly in concerts from the beginning

- the use of the commas and pentatonics music scales of which I had no control; (At that time, the ethno music conservatory did not exist)

- the fact that the learning was done on the creation (I had lost in dance all my creativity, due to intensive courses where one repeated every day the same movements and I was afraid, to live in song the same formatting problem).

- the respect of the inner rhythm in learning and the development of self-knowledge, authenticity

- the place given to the quality of the content

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In short, I finally began to live my life, a life where my philosophical perception of the art of living, finally found its place in reality thanks to

- the place given to the intention of the Spirit in action,
- Freedom beyond the borders of styles, cultures, religions and politics

UNTIL THE DAY OR: I stopped dreaming that I was flying: I had finally reached this level in my own life, through my voice. Because I could finally fly in the air like a bird, beyond the borders of rhythmic or harmonic styles, and experienced the same well-being as in my dreams.

3- THE CONCEPT

MY MUSIC CONCEPT: inspired by nature, so free and yet always fair.

I do not compose, I paint forests in which all the elements are in the same painting but move freely and independently ...

My drug, my trance, is the richness of this harmonical and rhythmical superposition that rejoices my hearing and cradles my body.

MY VERBAL CONCEPT: philosophical mantras, which like keys, invite to meditation and are concluded by texts where the fields of the philosophical vision open, in the form of poetic images.

Life is for me a permanent research laboratory where I experiment, like equations, the relation from causes and effects, of facts and situations. And I think I'm approaching the universal truth when my theories fit into any situation, making me also an anthropologist,

MY METHOD OF CREATION:

I explore all new emotion through its colors and sound forms and try to transcribe it as faithfully as possible. At the same time, I study it to better understand and define it until the right words come to define this emotion. Often the melodies come with syllables whose I sing in loop each sentence, until the syllables stick together as words, and messages appear, (that joins so, one of the scientist theories, according to which, all the languages would be the same, but whose words would not be glued, pronounced or written in the same way). Sometime those messages are mediumnic.

If for me the only ART is the ART OF LIVING, dance, singing, writing, theater, are the tools, through which I study it, and learn to master myself.. And this knowledge is what I share and transmit.

4- CONCLUSION: THE ARTIST

I am a VISIONARY ARTIST because I create by "channeling" : I open and I receive, then I study what I receive and transmit it when I have assimilated it.

Musically and philosophically, I feel close to the philosophy of ECLECTISM because of my vision of life.

SPIRITUAL in my way: "TO BE ONE" (heart, body, mind and action), is my VISION of the REALIZATION, of the BLOSSOMING .

Socially, I give myself no limit, I only listen to what I feel and study it. And I take from outside, only what which nourishes this realization, far from dispersion.

This is the result of my study that I propose to the public: a JOURNEY WITHOUT BORDERS OF STYLES, a form of freedom constructively where actions and choices are consciously the continuity of oneself.